



Teresa Gail Pounders

October 23, 1956 - September 5, 2021

Teresa Lindsey Pounders, age 64, of Russellville passed away on Sunday, September 5, 2021 at North Alabama Medical Center after a battle with COVID. She passed away only two days after her daughter, DeAnna, who passed away from COVID as well.

Teresa was a hardworking woman who loved her family dearly. She worked for several years at HD Lee's. She and her daughter, DeAnna, was so close and never apart from each other. They had a wonderful mother/daughter relationship that most do not experience. Teresa was such a fun person to be around, and so many family times were spent laughing and having a good time. She means so much to her family and played such a big part in her grandchildren's life and loved being a "Nannie" to them. Her family was blessed to have her in their lives, and was blessed being able to hold her hands as she was nearing the end of her life.

She is preceded in death by her daughter, DeAnna Pounders Russ; mother, Beatrice Lindsey, father, Vernon Lindsey; sister, Dorothy Stafford; and in-laws, Pauline Pounders, Cazi Pounders

She leaves to cherish her memory, her husband of 48 years, Stanley Wayne Pounders; grandchildren, Shelby Russ (Chelsie), Morgan Russ; great-granddaughter, Keeva Russ; son-in-law, Roy Russ; and a host of cousins and friends.

The visitation will be 2:00 - 3:00 p.m. Friday, September 10, 2021 at Spry Memorial Chapel. The funeral will follow at 3:00 p.m. in the chapel with Bro.

Mike Norton speaking at the service. Burial will be at Crooked Oak Cemetery. To those who do attend, the family asks that you please wear a mask and social distance. We appreciate you coming, but please refrain from hugging us. We are all over COVID and cannot stand to take another hit. Thank you. Spry Memorial Chapel assisted the family. To have us sign the book for you, please free to call or to leave private condolences, please visit our website at www.sprymemorialchapel.com.

Tribute Wall

KS

“ *Sorry for your great loss*



Keith Stegall - November 10, 2022 at 12:00 AM

TL

“ *I'm so sorry for the losses you have had*

Tommye Jean Lindsey - September 10, 2021 at 12:00 AM

CJ

“ *Shelby and Morgan:*

*I am beyond devastated about your mom and Teresa. I know there is a plan and god must really need them to take such wonderful souls away from her precious children. I struggle to understand though. Your mom was a good friend to me at one of the lowest points in my life. If there is anything I can do or if you both need anything please call me! 256.651.8846.
Love you both!*



Cheryl Jones - September 07, 2021 at 12:00 AM

JK

“ *I am so sorry, my heart hurts for Stanley and the family. God's Peace*

James Kimbrough - September 06, 2021 at 12:00 AM