



Mary Pounders Uptain

October 4, 1952 - February 10, 2026

MARY BETTY POUNDERS UPTAIN

October 04, 1952 – February 10, 2026

Mary Betty Pounders Uptain passed away on Tuesday, February 10, 2026, at the age of 73 at Helen Keller Hospital. Mary was a member of Russellville First Baptist Church in Russellville, Alabama. Mary was a wonderful mother and grandmother, she loved God, her family, and Alabama football.

She is preceded in death by her parents, James & Helen Zills; brother, Doug Pounders; grandparents, James & Ethel Pounders; and nephew, Joshua Galloway; and nieces, Julie & Sara Ruple.

Mary leaves to cherish her memory, her husband of 55 years, Thomas Uptain; children, Kristie Uptain Wells (Trent), Matt Uptain (Joanie), Cortney Uptain Green (Milton); and Deborah Lindsey (Steve); grandchildren, Adam Brown (Tiffany), Ashley Brown Rivera (Manny), Amberly Brown, Alex Wells (Milah), Hayden Wells (Morgan), Logan Wells, Maggie Uptain, Emmitt Green (fiancé, Abby Garrison), Elliott Green, Emmy Green, Jordan Chambliss (Zach); great-grandchildren, Asher Brown, Alivia Brown, Bodhi Rivera, Josie Wells, Elijah Chambliss, Gemma Chambliss, and Sophia Chambliss.

Also surviving are brothers, Randy Ruple (Gail), Dennis Pounders (Arlene); sister, Sherry Shroden; and a host of nieces & nephews.

The visitation will be 4:00 – 5:00 p.m. Friday, February 13, 2026, at Russellville First Baptist Church. A celebration of Mary's life will be at 5:00 p.m. with Bro. Chase Dowdy speaking at the service.

The family would like to extend special thanks to Terrace Manor Nursing Home, Burns Nursing Home & Rehabilitation, and the Helen Keller Hospital ICU nursing staff for the excellent care they provided for Mary.

Spry Memorial Chapel assisted the family. To give private condolences, please visit our website at www.sprymemorialchapel.com.

Previous Events

Visitation

FEB 13. 4:00 PM - 5:00 PM (CT)

Russellville First Baptist Church
213 N Jackson Ave
Russellville, AL 35653
(256) 332-2065

Celebration

FEB 13. 5:00 PM (CT)

Russellville First Baptist Church
Jackson Avenue
Russellville, AL 35653

Tribute Wall

DK

“ Donna King lit a candle in memory of Mary Pounders Uptain



Donna king - February 12 at 07:30 PM

YF

“ Your Faith Church Family purchased the Simply Elegant Spathiphyllum for the family of Mary Pounders Uptain.



Your Faith Church Family - February 12 at 02:41 PM

RS

“ Roger And Kim South lit a candle in memory of Mary Pounders Uptain



Roger and Kim South - February 11 at 09:19 PM



“ Medium Dish Garden was purchased for the family of Mary Pounders Uptain.



February 11 at 07:32 PM